

## November 2024 Meals Menu

Tel: 079 249 6569

42 Main Road

078 666 0855

Fish Hoek

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Trading hours: Mon - Fri: 9am - 4.00pm Sat: 9am - 12:00pm

**THURS** FRI MON TUES WED SAT SPECIAL Battered fish or Roast Lamb, Tender braised This month we are introducing different dishes Roast Chicken, moroccan lamb Roast Gammon, from around the world curry rice, potato & 2 Puddina - R30 veggies. Peppermint tart see below for pricing SPECIAL Fish cakes Tex mex meat Roast Lamb, Bobotie Roast chicken Pork ribs, salad or balls Roast Chicken, Polish beef or & veg or Roast Pork Belly, or Chicken Beef & veg or goulash Chicken & veg rice, potato & 2 schnitzel stew Irish stew Pudding - R30 veaaies. casserole Trifle see below for pricing 11 13 14 15 SPECIAL Grilled fish or Roast Lamb, Spaghetti Mince lasagna Macaroni & Roast pork Spanish style rice Roast Chicken, bolognaise cheese or with chicken Roast Rump, Pork meat balls in or Chicken or chorizo rice, potato & 2 Apricot chicken mushroom sauce casserole Cottage pie Pudding - R30 veggies. see below for pricing Cheese cake 19 20 21 18 SPECIAL Fish cakes Roast Lamb, or Pasta alfredo **Bobotie** Pepper steak Roast gammon Roast Chicken, German sausage or or or or Roast Pork, & sauerkraut Braised pork Chicken Lambs livers chicken bryani rice, potato & 2 chop a la king Pudding - R30 veggies. Apple bake see below for pricing 25 27 28 29 Battered fish SPECIAL or Roast Lamb, Wellington meat Chicken & feta Roast rump South African Sausage & mash Roast Chicken, loaf lasagna mince with sweet or or Roast Gammon, or Chicken & pot, spinach, & Chicken stirfry Chicken rice, potato & 2 Rich & tasty chic peas mushroom pie veggies. stroganhoff

beef stew

Pudding - R30 Pineapple cheese cake

You have a choice of rice, mashed potato or mashed cauliflower, + all meals are served with 2 vegetables of the day. You can collect your meal on your way home at our shop (42 Main Road Fish Hoek) or have it delivered to your door for a small fee of R15 (Fish Hoek only) and please remember to secure your booking before 11am to ensure availability. Delivery areas include Fish Hoek, Sunnydale, Sun Valley and Capri

## Vegetarian meals available on request

Desert available every		Per Day	Per 5 days
Friday at R30.00 per portion. Delivery times: 12pm – 1pm (Fish Hoek only) 4:00pm – 5:30pm (All areas)	Large	R100	R500
	Standard	R90	R450
	Small	R70	R350



see below for pricing

## **SPECIAL**

Choice of

1 Roast meat = R90.00

Med - 2 Roast meats =R100.00

Large - 2 Roast meats =R110.00